**Virtual Learning: Middle School Health/PE Syllabus**

*This syllabus is subject to change. This is just a quick overview of our current plan. As new things arise, and we adjust to this new style of teaching/learning, we will update the students of any changes.*

**Expectations**

* Students should be logged in to the TEAM on time and waiting in the lobby with Video ON and Mics OFF.
* Students should follow the expectations listed in their Middle School Packets.
* Students should have space to move around safely.

**Absences**

* If absent from class on a workout day, refer to the TEAMS app under files or check the class website.
  + Click the tab labeled your class name and then click assignments. You will find a document titled Additional Workouts
  + Choose workouts that are at least 20 minutes or do multiple to add up to 20 minutes.
  + When you finish the make-up workout, email your teacher the name of the workout(s) you did so you can get daily credit.
  + Be sure to write your workouts on your Weekly Fitness Log as well.
* If/when we do health, and you missed a class period, please email your teacher to ask which power point slides were covered and any assignments you missed.
  + Once given the slides covered, review the slides, and write a 5-sentence summary of the lesson that day. When you complete the assignment, upload it to your class notebook under the Health Assignment folder, so that you can get your participation credit.
  + If an assignment was due that day, be sure to submit your assignment as well.

**Grading**

* 20 points of participation a day. This will come from the following:
  + On time
  + Prepared for class
  + Actively Engaged
  + Participated in discussion
  + Asked Questions
* 100 points of Weekly Fitness Log
  + Due each Friday by 3:00 pm
  + Students will submit through TEAMS using the Weekly Fitness Log folder on their class notebook
  + Must have 60 minutes of exercise at least 5 days to get full credit
* Additional Assignments
  + As the semester goes additional assignments will be added and scored out of 100 points.
  + These could be projects, quizzes, health assignments, etc.
  + Students will be notified of these assignments through their class TEAM.